

Youth Volunteering with Special Olympics

Schools/Colleges



Special Olympics
Ireland

Why I am talking to you today



The purpose of this presentation is to let you know what it's like to volunteer in our Special Olympics club. If you like what you hear, consider joining us as a volunteer.



What do you know about Special Olympics?



What is Special Olympics?



- Sports organisation
- Competitions around Ireland
- Athletes with an intellectual disability
- World Games every 4 years
- From 4 years old up
- Special Olympics is not Paralympics
- 6,000 athletes aprox
- Special Olympics started by Eunice Kennedy (sister of JFK) because of her sister
- 240 Clubs

Training & volunteering happening every week in local communities



What do athletes get from being part of a club

Opportunity to get involved in a sport

Develop personal and sports skills

Learn about healthy living

Make friends, have a social outlet and
get exercise

Make community connections

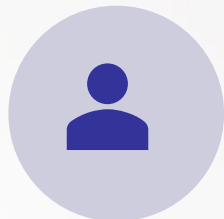


Listen to what the athletes have to say

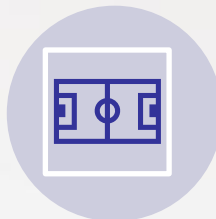


<https://youtu.be/ZhVJp7pgZMo>

Our Club



CLUB NAME



TRAINING
VENUE/DAY/TIME



OUR SPORT



OUR CLUB
ATHLETES



OUR VOLUNTEERS

Club experience of 4 youth volunteers



Have a look at a clip of 4 Special Olympics volunteers
Listen out to see what they say about:

- What they do in their clubs
- Did they need any specific sports knowledge/experience
- What do they say about interacting with the athletes
- Do they like volunteering in a Special Olympics Club

Club experience of 4 youth volunteers



Have a look at this clip of 4 Special Olympics volunteers:



What messages did you get from that clip?



What do they actually do in a club?

What did they say about the athletes?

What do you think **YOU** would get from volunteering by listening to those volunteers talking about their experience?

Did anything stand out for you?

Common questions people ask



- Is Special Olympics the same as Paralympics (no)?
- What can I do in a club?
- Do I have to be a nurse or a Special Needs specialist to volunteer with Special Olympics?
- Do I have to be very sporty to volunteer with a club?
- Do I have to know all the rules about a particular sport to volunteer with Special Olympics?

What is each week like



- Lots of good craic
- Good work experience
- Giving something back
- You can add it to your CV
- It's a fun social outlet
- Good opportunities from being involved
- Every week is different

Look inside a club

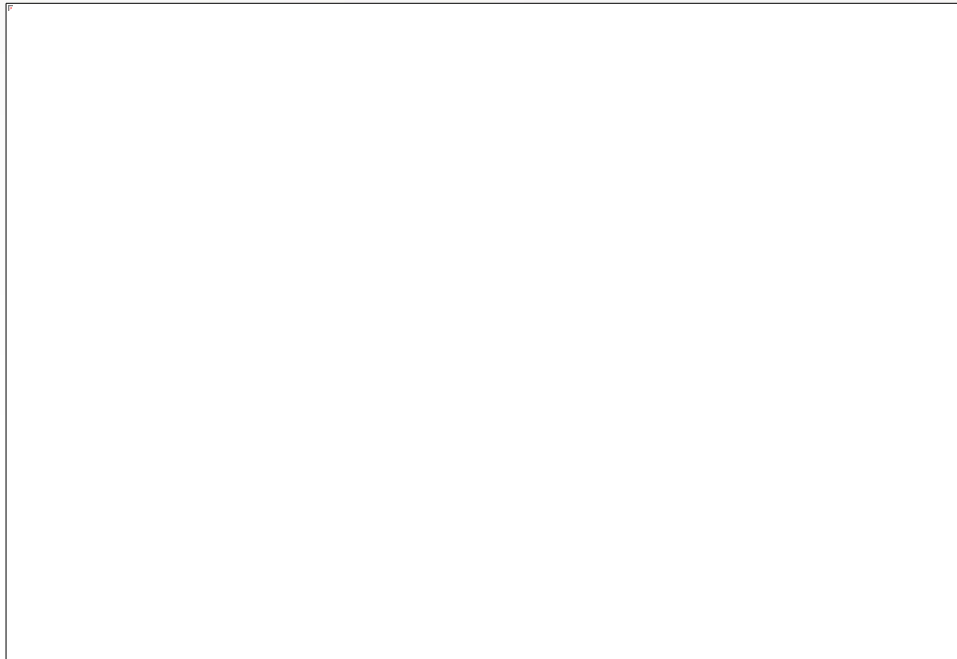


[SOI - Bowling \(YouTube\)](#)

My experience as a volunteer



- What I love about volunteering
- What I've learned from volunteering



What volunteering can do for you



What volunteering can do for you



- New skills like teamwork, leadership etc.
- Part of your community
- Learn more about inclusion
- Make new friends
- If you are into a particular sport, you get lots of opportunities to develop and think about coaching
- Great experience for your CV
- Pushes you out of your comfort zone

From Different Perspectives



Final Viewing

Listen to what parents and other volunteers have to say about Special Olympics and what it means

<https://www.youtube.com/watch?v=xr3wGvCAfdE>

Our Club



All of the athletes you have seen on screen today come from clubs like our club, would you like to join us?



If you want to get involved in the club, contact : _____