

Youth Volunteering with Special Olympics

Schools/Colleges

**Special
Olympics**
Ireland



4  **YEARS**
1978 - 2018

Why I am talking to you today



The purpose of this presentation is to let you know what it's like to volunteer in our Special Olympics club. If you like what you hear, consider joining us as a volunteer.





What do you know about Special Olympics?



What is Special Olympics?



-Sports organisation

-Athletes with an intellectual disability

-From 4 years old up

-8,000 athletes

-294 Clubs

-Competitions around Ireland

-World Games every 4 years

-Special Olympics is not Paralympics

-Special Olympics started by Eunice Kennedy (sister of JFK) because of her sister

Training & volunteering happening every week in local communities



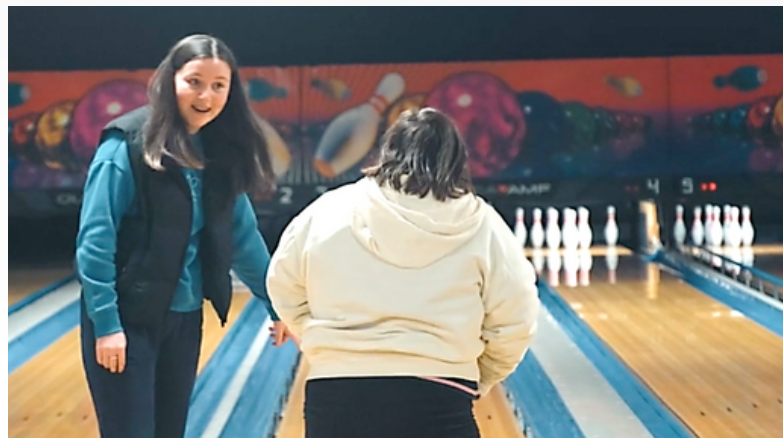
What do athletes get from being part of a club

Opportunity to get involved in a sport

Make friends, have a social outlet and get exercise

Develop personal and sports skills
Learn about healthy living

Make community connections



Listen to what the athletes have to say



<https://youtu.be/ZhVJp7pgZMo>

Our Club



Club name



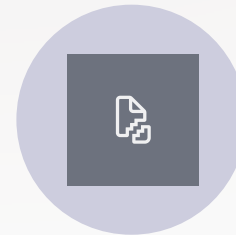
Training
Venue/Day/Time



Our sport



Our club athletes



Our volunteers

My Club experience



What it was like for me when I started to volunteer



What is each week like



- Lots of good craic
- Good work experience
- Giving something back
- I can add it to my CV
- It's a fun social outlet
- Good opportunities from being involved
- Every week is always different

Look inside a club



[SOI - Bowling \(vimeo.com\)](https://vimeo.com/SOI-Bowling)

Common questions people ask



- Is Special Olympics the same as Paralympics (no)?
- What can I do in a club?
- Do I have to be a nurse or a Special Needs specialist to volunteer with Special Olympics?
- Do I have to be very sporty to volunteer with a club?
- Do I have to know all the rules about a particular sport to volunteer with Special Olympics?

My experience as a volunteer



- What I love about volunteering
- What I've learned from volunteering

What volunteering can do for you



- New skills like teamwork, leadership etc.
- Part of your community
- Learn more about inclusion
- Make new friends
- If you are into a particular sport, you get lots of opportunities to develop and think about coaching
- Great experience for your CV
- Pushes you out of your comfort zone

Questions?



Final Viewing

Listen to what parents and other volunteers have to say about Special Olympics and what it means

<https://www.youtube.com/watch?v=xr3wGvCAfdE>

If you want to get involved in the club, contact : _____