



Athlete Code of Conduct

Athlete Name: _____

I agree to uphold the following code of conduct

Spirit of Sport

- ✓ Practice sporting spirit and acknowledge the success of others e.g. congratulate my team mates and others when they perform well in training or competition.
- ✓ Play with control and in a manner that brings respect to myself and my coaches.
- ✓ Refrain from using bad or offensive language or from physically hurting anyone

Training and Competition

- ✓ Train regularly and follow the rules of my sport.
- ✓ Listen to the coaches and the officials and, at the end of competition, thank them and congratulate other athletes or teams.
- ✓ Always try my best and participate fully during training and competition.
- ✓ Shake hands with other athletes and coaches at the end of training and competition – or if health and safety prevents this, your coach will advise of an alternative.

Responsibility for actions

- ✓ Not make inappropriate or unwanted physical, verbal or sexual advances on others.
- ✓ Not to bully or verbally abuse others online, by phone or in person.
- ✓ Abide by the policies and procedures set out by my club, Special Olympics Ireland and the National Governing body rules of my sport.
- ✓ Treat all athletes, volunteers, spectators, officials and Special Olympics Ireland staff with respect. Remember everyone has their part to play and is entitled to a safe environment to do so.

Athlete's Rights

As an athlete you have the right to

- ✓ Receive quality coaching from appropriately qualified coaches.
- ✓ Train and compete in a safe environment.
- ✓ Participate in fair and equitable competition.
- ✓ Have a voice throughout Special Olympics and your Club.
- ✓ Be safe in any aspect of your Special Olympics activities.
- ✓ Appeal an action taken in relation to keeping to the Code of Conduct, if required.
- ✓ Report any concern you might have.

ACKNOWLEDGEMENT BY ATHLETE

I have read the Athlete Code of Conduct and I agree to abide by and support it.

Name of Club: _____

Athlete Signature: _____ Date: __/__/____

Parent/ Guardian: _____ Date: __/__/____

If athlete is under 18 years of age or unable to sign on their own behalf

The Club Safeguarding Officer / Chairperson can be contacted if you have a concern regarding poor practice, health and safety or an allegation of abuse.

Club Safeguarding Officer: _____

Phone: _____

Chairperson: _____

Phone: _____

Insert
photograph of
club
safeguarding
officer