



Motor Activities Training Programme (MATP)

Objective: To demonstrate the fundamental motor skills developed through your participation in the MATP programme

Equipment: Will vary depending on the event athletes enter. If you do not possess the exact equipment listed on the event card, please substitute for a similar item available to you.

Process: Athletes must complete their event within their chosen level while a family member/guardian records them. Follow the individual event card in the MATP Manual located on [SOI Website](#) for specifics on how to successfully complete each event.

Recording: Videos should be recorded from the side where possible but if not then they must be from an angle where all actions can be seen clearly and should include the athlete and the support person only.

Rules:

- Athletes can take as many attempts to complete their event as required.
- There is no time limit on an athlete completing their event.
- Athletes must complete the event in the level submitted on their entry form.
 - Level 1 - Physical / Verbal / Visual Prompts
 - Level 2 - Verbal Prompts
 - Level 3 - Independent

Submission:

- Please ensure you save all video's with the athletes ID number, event and level (i.e. **1432541ballpushlevel2**).
- One video per athlete per event should be submitted via WeTransfer to annette.mcgeeney@specialolympics.ie