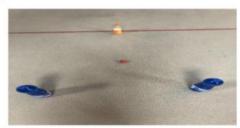
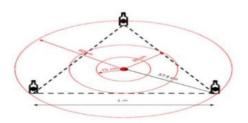


Special Olympics Challenge Bocce

Bocce Skill - Bottles







The goal of the skill is to put four balls into the triangle formed by the three bottles (empty, 0.5ltr). The distance between the bottles is 1 m. The pallina (smaller ball) is placed 11 m from the starting line, the bottles are placed around this and the triangle is drawn on the ground. The pallina is at the centre of the triangle. The distance from the pallina to the bottle is approximately 57.5 cm.

This skill will assist the development of concentration and accuracy.

You will need 4 balls, roughly the same size as a bocce ball, one smaller ball for the pallina, 3 empty 0.5L bottles and a tape measure.

How to calculate the scores

- The measurement is taken from the side of the pallina to the closest extremity of the ball
- \bullet 0 points: if the ball is outside the triangle or if the bottle falls
- 1 point: if the ball is between 60 cm and 30 cm of the pallina and is inside the triangle
- 2 points: if the ball is between 30 cm to 15 cm of the pallina and is inside the triangle
- 3 points: if the ball is between 15 cm to 0 cm of the pallina and is inside the triangle
- Make two tries, with a pause of a few minutes between them
- The result of the best try counts twice. The final result is the sum of the results of the two tries. Example: Try 1: 5 points Try 2: 8 points. Result: 5+(8x2) = 21 points

Rules of the skill • each play is made with 4 balls of the same diameter and weight. • If the pallina moves, it is placed back in the centre after each shot. • Each ball is measured individually and then removed from the playing field.

For further information on this skill, please contact your Regional Office