

INFORMATION ON ONLINE TRAINING AVAILABLE FOR ALL

Sport Ireland COVID-19 eLearning Course is now available on the Sport Ireland Website.

The course which can be publically accessed through the link - <u>COVID-19 Online Training Course</u> aims at supporting administrators, volunteers, coaches and participants to return to sport during phase 3 in a safe & practical manner. Funded Bodies are encouraged to share the Course with its affiliates, clubs and members through its direct & social media channels.

The course is split into two sections:

Section A of the Course is an Awareness Course and has been updated with the current government advice and guidelines in relation to COVID-19. It also includes modules on the recommendations and guidance from the Expert Group in relation to phase 3.

The course is targeted at supporting administrators, volunteers, coaches and participants.

Section B of the Course aims to support those who have been nominated to fulfil the COVID Officer Role (**COVID-19 Coordinator** in the case of Special Olympics) in their Club or Community Group.

This section will include specific modules in relation to that role – Responsibilities, Management Plans, Venue Layouts, Dealing with a Breakout, Emergency First aid etc.

Participants can choose to complete Section A only or both sections A & B.

Nominated COVID-19 Coordinator are recommended to complete both sections.

Both sections will include a test/quiz and a Certificate of Completion.

Overview of Course Content:

- Hand Hygiene
- Equipment Hygiene
- Advice on exercising during COVID-19 and Safe Return to Play Post Infection
- · Safe Return to Sport & Physical Activity
- · Advice for Group Activity
- Returning to activity in the Great Outdoors
- · Phase 3 Guidance
- Returning to activity in the Great Outdoors
- · Covid19 Officer Training
- Knowledge Check & Quiz
- · Staying Informed