

## GUIDANCE IN RELATION TO ATHLETES

Athletes of the clubs have a responsibility to act in a safe and respectable manner while at training or club activities. Failure to do so could result in the formation of clusters at the club endangering the wider community.

All athletes should be advised to:

- Complete a Pre-Return Self Declaration and COVID-19 Code of Conduct Form and send to COVID-19 Coordinator / COVID-19 Activity Lead(s) via email a minimum of 3 days before returning.
- Make themselves aware of the symptoms of COVID-19 and monitor their own wellbeing.
- Do not attend club activities if they feel unwell.
- Participate in the induction, and any training provided by the Club.
- Adhere to practice a high level of personal hygiene and social distancing.
- Be open and honest if they have been in contact with a COVID-19 case or suspected case.
- When attending Club activities to bring own drinking bottle and any other equipment required.
- Agree to only share when instructed to and ensure prior to use it is disinfected.
- In travelling to Club activities ensure to only travel with individuals from own place of residence and if public transport is utilized to adhere to government requirements.
- Keep a contact log of direct contact with other people and ensure their next of kin is on file.