

Make your own SUPERHERO mask

All great Superheroes need an awesome mask to keep their identity a secret when up against the bad guys! Here's how to make the mask in a few easy steps – adult supervision is advised!

• Print off your mask templates onto card or thick paper, or print onto normal paper to use as a template to cut around.

•Cut out the masks to shape as desired.

• Decorate the masks to make them stand out! You could use pens, pencils, glitter, stickers etc.

• Once dry punch a hole in both ends of the mask.

• Cut a strip of elastic long enough to go around the wearer's head and loop through the holes and secure.

> That's your mask done! Smile and take a photo in your best Superhero pose!



Step 2: Colour in Step 3: Cut out mask Step4: Add accessories for your superhero Have fun!

Step 1: Print this page on A4 paper



Don't forget to share your photos with us : Facebook.com/SpecialOlympicsIreland @SOIreland #SuperheroDay