



# Postal Bowling

## League Rules

2015-16



***Special Olympics***





### Rules

All games will be conducted in accordance with the Special Olympics Tenpin Bowling Sports Rules. [Click Here](#).

### Team Size

- A maximum of 6 and a minimum of 4 bowlers may be declared on each team
- A team of 3 players may be accepted on request, but only in special circumstances
- A bowler can only be registered on one team
- Each bowler must be a Registered Special Olympics Athlete
- A bowler who misses three consecutive sessions without exceptional circumstances will be removed from the League
- Teams can be mixed or single gender

### Substitutes

- An Additional Bowler can be registered to a team in one of the following situations;
  - If one of the original registered bowlers withdraws
  - Original team does not exceed the maximum number of bowlers (less than 6 bowlers)
  - No substitutes will be accepted after the 2<sup>nd</sup> Round of League
  - Substitute requests must be made via email to the Leinster Office, with the player only eligible to play after you have received written confirmation

### Ramp Bowlers

- An Athlete who requires the use of a ramp MUST have a physical impairment (see Special Olympics Rules)
- An assistant/ volunteer may aim the ramp towards the pins, but must at all times have his/ her back to the pins and aim based on the direction (either verbally or by physical cues) from the athlete.
- Ramp bowlers must be identified on entry form.





### Format

- The League will run **4 Rounds** with clubs submitting scores on a monthly basis by the stated deadlines.
- Score Sheets must be completed fully, and submitted with results printouts.
- Only printouts from the Official Bowling Centre will be accepted.

### Awards

- Medals and ribbons will be presented at the end of the league by Special Olympics Leinster. The team recognition award will also be re-presented to the two teams who stand out most during the 2015-16 league.

