

## General Volunteers and Assistant Coaches

There are a number of roles in a Club available to volunteers, both as a General volunteer and as an Assistant Coach. The guidelines below are by no means exhaustive, however, they outline the possible roles in both these categories.

### **General Volunteers**

General volunteers are volunteers who are not assigned a specific role within a club. Their role is **not** on the Field of Play.

A general volunteer is required to be a registered volunteer with Special Olympics Ireland.

Special Olympics Ireland recommends that a general volunteer should complete a Safeguarding 1 course.

Tasks include:

- Assist members of Club management team, as a member of the sub-committee
- Supervise changing areas – before and after training sessions
- Supervise corridors and exits – during training sessions
- Set up and clear away equipment – before and after training sessions
- Support Club fundraising activities
- Support Club communications – Newsletters, website, social media etc.

### **Assistant Coaches**

Assistant coaches are volunteers who assist on the Field of Play and assist, in any matter, with the delivery of the sports programme in the Club.

An assistant coach is required to be a registered volunteer with Special Olympics Ireland.

Special Olympics Ireland recommends that an assistant coach should complete, at a minimum, the Introduction to Coaching Practices Course and a Safeguarding 1 course.

Tasks include:

- Set up and lay out of equipment - before and during training sessions
- Support the delivery of the warm up and cool down during training sessions
- Support the delivery and coaching of training sessions on the field of play
- Assist a group of Athletes or an individual Athlete on the field of play during training sessions
- Supervise groups on the field of play during training sessions

\*Please refer to the Minimum Operating Standards for coaches