

2017 Leinster Athlete Leadership Forum

Social Media

Committee's

Media Skills





Media Skills

Committee's

Social Media

Special Olympics Leinster is delighted to announce details of the 2017 Leinster Athlete Forum. This forum will have athletes from all over the Leinster region participating along with their mentors.

During the day, three workshops will be facilitated in **committees, media skills and social media guidelines**. Each of these workshops will provide helpful information regarding subjects such as good communication, organisational skills and social media etiquette amongst other topics.

There will also be a workshop for mentors on **mentoring skills**. This workshop will provide valuable information to enhance mentoring skills and discuss the Athlete Leadership Programme.

The final section of the day will be the election of one athlete for nomination to the Special Olympics Leinster Committee as an athlete representative.



Criteria for Athletic Representative Election:



- Be an athlete leader
- Have a mentor
- Be involved in Athlete Leadership for at least one year
- Hold an athlete leadership award or be in the process of undertaking an award

Expectations for a Regional committee member:

- Attend monthly committee meetings along with your mentor in Dublin
- Attend the Special Olympics Leinster Annual Regional Meeting
- Represent Special Olympics Leinster athletes at a regional level

- Any Athlete going forward for a position on the Committee must deliver a three minute speech before the election on the day of the form
- Nominees will be taken up until the day of the Athlete leadership forum



The Leinster Athlete Leadership Forum is a wonderful opportunity for new athletes to become involved in Athlete Leadership and for existing athletes to have a chance to be elected to the Leinster Regional Committee.

Each athlete must be accompanied by a mentor for the full duration of the day. To register for the Forum, please complete the attached form and return to the regional office.



When: **Saturday the 4th of November 2017**

Where: **Talbot Hotel, Carlow**

Start Time: **10:00am to 3.30pm**

Registration: **from 9:30**

Catering: **Lunch will be provided**

Fee: **€5 per athlete**

Athlete Assistance

- In order to maximize the experience for athletes at the workshops, there is a minimum ratio of 1 mentor for 4 athletes.
- There is no charge for the mentor to attend the Forum.
- There is a forum fee of €5 per athlete. Only fully completed athlete and mentor application forms will be processed. **Each completed form and fee must be returned to your regional office by Tuesday the 24th of October.**



PLEASE NOTE:

1. All athletes must be fully registered athletes with Special Olympics Ireland.
2. All mentors must be fully registered volunteers with Special Olympics Ireland and must present their **Volunteer Membership Cards** at registration.
3. The Talbot Hotel, Carlow provides complimentary car parking for hotel users.