



# Athletics League

*League Rules & Info*

2017-2018



***Special  
Olympics***  
*Leinster*





Dear Clubs,

We are excited to introduce the first year of the Special Olympics Leinster Athletics League. This document will offer some information on the league and the rules associated with it. Please make sure that you read this document and are clear on all aspects before entering teams into the league.

## **League Rules**

All league competitions will be conducted in accordance with The Special Olympics Athletics Sports Rules; [click here](#).

### **Format:**

- The league will run on a home or away basis with each club competing against each other once at a league meet.

### **Teams:**

- A club may enter only one team. A maximum of 40 athletes can be registered on a team, teams can be mixed gender. All registered athletes must compete in one league meet.
- Each athlete must be fully registered with Special Olympics at the point of entry and be training a minimum of eight weeks.
- A maximum of 30 athletes per club may compete at each league meet.

### **Substitutes:**

- An additional athlete may be registered throughout the season using the new athlete registration form. All additional athletes must be training a minimum of 8 weeks prior to entering the League.
- Substitute requests must be made in writing to the League Secretary with the athlete only eligible to compete following written confirmation (adequate time must be allowed for request to be processed).

### **Fixtures:**

- Each league meet must offer a maximum of 15 events (i.e. one division of 100m is one event), where possible one event from categories 2, 3 & 4 must be offered at each league meet. There will be a maximum of two division per event i.e. two divisions of 100m.





## Events Offered:

<b>Category 2:</b> 25m Walk, 25m Run, 50m Walk, 50m Run, 100m Walk, SBT, SLJ, Mini-Javelin, Shot
<b>Category 3:</b> 100m Run, 200m Run, 400m Run, 4x100 relay, , Long Jump, Shot, Mini-Javelin
<b>Category 4:</b> 400m run, 800m run, 400m walk, 800m walk, 4x100 relay, Long Jump, Shot, Mini-Javelin

- Events offered must be agreed between both head coaches prior to each meet and forwarded onto the league coordinator.
- In the event a club does not have a sufficient number of athletes for each event, each athlete must compete in one event before another athlete competes twice

## Officials:

- The home team are responsible for the overall organisation of the fixture. This includes provision of a track referee and field referee.
- At each league meet both clubs will be asked to provide field officials and timekeepers.
- All volunteers, officials, timekeepers must be fully vetted and registered with SOI.

<b>Suggested Track &amp; Field Teams</b>	
<b>Track (8 – 10 Total)</b>	<b>Field (4 Total)</b>
Starter X 1 Starter Assistant X 1 Track Referee X 1 Time Keepers X 4-6 Head Time Keeper/ Results Recorder X 1	Field Referee X 1 Measurers X 2 Results Recorder X 1

## Scoring:

The League will be run on a points system per each event:

- **All other track & field events:**
  - 1<sup>st</sup> Place - 4 points
  - 2<sup>nd</sup> Place - 3 points
  - 3<sup>rd</sup> Place - 2 points
  - 4<sup>th</sup> Place - 1 point





- Only the point for the first place athlete per club will be awarded. In the event an athlete from Club A finishes 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> and an athlete from club B finished 4<sup>th</sup>. Club A receives 4 points and club B receives 1 point.
- No points are awarded for a disqualification.
- At the end of the meet the total number of points per club will be calculated. The club with the most points is awarded 3 stars and the club with the least points 1 star.
- Where points are equal after all events, 2 stars per club are awarded.

### **Fixture List**

- All league fixtures must be played within the allocated timeframe. Each club will compete against each other once in their respective division.
- In the event of cancellation and non-fulfilment of a fixture, 3 stars will be awarded to the team who were continuing with the fixture.

### **Results:**

- The winner of the division will be identified as the club having the highest amount of stars after all fixtures.
- If two or more teams have an equal number of stars after all fixtures have been met, a count-back of points awarded during each league meet will take place to identify the division winner.
- The home team is responsible for sending the results to the league coordinators by the set deadline.
- Results sheets must include the dates, venue, athletes names, points awarded per event, and the overall stars awarded to each team.

