

## Intellectual Disability Education Modules

Special Olympics Ireland has developed the Intellectual Disability Education Modules in conjunction with Trinity College Dublin. Volunteer tutors have been trained to deliver these to clubs.

There are 6 modules in total in the pack.

### **Module Topics:**

- Introduction to Intellectual Disability
- Athlete Health
- Communicating with the Athletes
- Relationships and Sexuality
- Vulnerability, Conduct, Behaviour and Managing Risk
- Special Olympics Ireland Professional Ethics In Volunteering

### **What will you learn?**

At the end of these workshops, depending on the modules completed, attendees will be able to:

- understand factors that affect communication and enhance their ability to communicate with an Intellectual Disability (ID)
- explore reasons why challenging behaviour presents and suggest ways of managing behaviour
- identify some common medical conditions which athletes may have share best practice experience and advice
- gain insight on the rights of a person with ID to sexual expression and how to ensure athletes display appropriate sexual expression
- list the responsibilities as a Special Olympics volunteer and outline the key principles of the Code of Ethics and Good Practice

### **Time per Module:**

1.5-2 hours approximately

Clubs can choose which modules would be best suited to them and they can be delivered in a flexible manner depending on the requirements of the club.

If you would like to find out more, or arrange a session for your club, please contact your Regional Special Olympics Ireland Office or alternatively on [training@specialolympics.ie](mailto:training@specialolympics.ie)