



## **Intellectual Disability Education Modules**

Following requests from our clubs, Special Olympics Ireland has developed the Intellectual Disability Education Modules in conjunction with Trinity College Dublin.

There are 6 modules in total in the pack.

### **Module Topics:**

- Introduction to Intellectual Disability
- Athlete Health
- Communicating with the Athletes
- Relationships and Sexuality
- Safety, Vulnerability, Assessing Risk and Behaviour
- SO Ireland Professional Ethics In Volunteering

### **What will you learn?**

At the end of these workshops, depending on the modules completed, attendees will be able to:

- understand factors that affect communication and enhance their ability to communicate with an Intellectual Disability (ID)
- explore reasons why challenging behaviour presents and suggest ways of managing behaviour
- gain insight on the rights of a person with ID to sexual expression and how to ensure athletes display appropriate sexual expression
- list the responsibilities as a Special Olympics volunteer and outline the key principles of the Code of Ethics and Good Practice
- identify some common medical conditions which athletes may have
- share best practice experience and advice

### **Time per Module:**

- 1.5-2 hrs approx

Modules may be delivered individually or combined depending on the group need.

If you would like to find out more, or arrange a session for your club, please contact Special Olympics, on [training@specialolympics.ie](mailto:training@specialolympics.ie) or 01 8691620.